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# *Discover the Pleasure of Relaxation with Our Therapeutic Massages!*

In our wellness oasis, we invite you to place yourself in expert hands and experience the true transformation that a therapeutic massage can provide. Our highly trained therapists are here to release the tensions in your muscles and soft tissues, as well as to restore harmony to your nervous system.



## *Why choose a therapeutic massage with us?*

### **Physical Benefits:**

- Relief from muscle tension.
- Improved blood circulation.
- Release of knots and tightness.
- Enhanced flexibility and range of motion.

### **Mental and Emotional Benefits:**

- Reduction of stress and anxiety.
- Increased sense of calm.
- Connection with your internal feelings of well-being.
- Improved emotional balance.

Our therapeutic massages are custom designed to address your individual needs. Whether you are dealing with daily stress, persistent muscle aches, or simply seeking a moment of deep relaxation, our therapists will help you achieve your well-being goals.

Experience the difference a therapeutic massage can make in your life. Let us be your guide on the path to relaxation, relief, and rejuvenation. Don't wait any longer to give your body and mind the care they deserve!

Come and discover the beauty of inner harmony through our therapeutic massages. Reserve your appointment today and treat yourself to the gift of relaxation and well being! Your body and mind will thank you.



## *Holistic vegan treatments*

EXPERIENCE, ATTRACTION, REVERENCE

Smell the Planet Wellness Menu, designed by SeaSkin Life, seeks to bring awareness to Well-being Ritual. Our treatments pursue to release the emotional and mental state that influences the radiant and healthy appearance of the skin.

Smell the Planet Oils Collection works with the energetic synergy of 100% pure and naturally infused plant oils to restore emotional and physical well-being.

# Sun Ritual

Energy and strength

60 min. 85€

Body treatment of high intensity helps to release muscle tension and increase blood flow, helping to eliminate toxins and improving muscle tissue. Its aromatherapy calms, refreshes and energizes.

## Ingredients

Avocado and Sunflower oils  
Ylang Ylang  
Cedarwood  
Juniper  
Clove  
Geranium Essential Oil.

## Benefits

Radiant and luminous skin,  
powerful regenerative and  
antioxidant properties

## About the product

100% organic and natural body oil, suitable for all skin types. Thanks to its natural active ingredients, it has regenerative, antioxidant and deep hydration action. Thanks to emotionally present aromatherapy, it helps to vibrate in love and peace, transforms emotions and enhances femininity and sensuality.



# Earth Ritual

Present state vibration

60 min. 85€

Body treatment of moderate to high intensity helps to free the muscles of tension and contractures to establish a healthy body posture.

Its aromatherapy connects us with the now and calms the mind.

## Ingredients

Sunflower, Sesame and Olive Oil, along with Verbena and Orange Essential Oils.

## Benefits

Radiant and luminous skin, powerful regenerative and antioxidant properties.

## About the product

Elixir Tierra is a 100% organic and natural body oil that cares for your body, mind and soul with a delicious energizing botanical blend, cold pressed and packaged in crescent moon. Thanks to its active ingredients, it has great antioxidant and circulatory power and deeply hydrates. Emotionally it helps motivate action and full attention, to achieve awareness focused on the present.



# Ritual Luna

Love and peace vibration

60 min. 85€

Release stress through a full massage, with gentle and moderate compression. The feeling of relaxation is intensified by its aromatherapy

## Ingredients

Sunflower, Avocado, Coconut and Sweet Almond oils, Aromatherapy of Orange, Lemongrass and Cedarwood.

## Benefits

Antioxidant  
Detoxifying and anti-aging  
Leaves skin smooth and healthy

## About the product

Sun's elixir is a 100% organic and natural body oil that cares for body, mind and soul with a delicious energizing botanical blend. Thanks to its natural active ingredients it has a great detoxifying, antioxidant and antiaging effect.

Moisturizes deeply and helps with eczema. When you spread it over your body you will instantly feel your skin hydrated.



# *Focused body*

35 min. 50€

## *Localized legs*

Localized massage from the buttocks to the feet helps to free the muscles from tension to contractures, stimulating blood circulation and tissue repair.

Moderate to high intensity.

## *Localized neck, shoulders and face*

Localized massage from the buttocks to the feet helps to free the muscles from tension to contractures, stimulating blood circulation and tissue repair.

Moderate to high intensity.

